

SHORT TERM ACCOMMODATION & RESPITE



Pathways' Farm Cottage



SERVICE SCHEDULE AND FEES



Registered NDIS Provider

Building confidence
and skills in a
peaceful
environment.

WHAT IS SHORT TERM ACCOMMODATION / RESPITE CARE?

To discuss your booking
contact Sally Mills
sally@pathwaysmh.com.au

 0422 410 889



Pathways' Farm Cottage

Short Term Accommodation (STA), sometimes referred to as respite, is funded through your Core Supports budget. STA is very different from a holiday, Airbnb or a recreational activity, equally it is not about health care and treatment.

People use STA as a part of their NDIS capacity building plan in a variety of ways.

Respite care is designed to give both you and your informal supports time to rest and recharge at the same time as providing you with opportunities to focus on capacity building in a calm environment.

How you use your time will depend on your goals. Depending on the level of care you require, your STA provider may provide you with access to a support worker.

www.pathwaysmh.com.au

 Registered NDIS Provider

Your stay at the
farm is planned
with you so that
it helps you
work towards
your NDIS goals.



EXAMPLES OF HOW STA IS USED



An opportunity to practice self-care skills in a stress free, uncomplicated environment



Develop and practice independent living skills in a graded way with support



Provide loved ones and carers at home the opportunity to rest and recharge their resilience



It can assist participants to avoid hospital admission by accessing a low stress, supported environment in which they can focus primarily on stabilising wellbeing and resilience (particularly suitable for participants who have had previous repeated psychiatric admissions)



Providing a rest from acute and long-term stressful environments and a chance to recharge coping and resilience



Providing a distraction free opportunity to review and reset wellbeing and capacity building plans



Helping participants build skills and gain confidence in a variety of community settings and provide a 'safe base' to return to at the end of the day to reflect and reset



STA / Respite is about providing a safe and secure environment to help you focus on wellbeing and build knowledge, skills, and capacity



Garden Cottage

Garden Cottage is set in beautiful and well established gardens. Ideal for practicing mindfulness and self-soothing. It is also a peaceful base to return to after a day out working on your capacity building activities.



Pathways now provides a simple, clear fee structure that can be tailored to suit participants' individual needs and budgets.



Pathways' Farm Cottage

	Weekday night	Saturday night	Sunday night	Public Holiday night
Option One	\$863.10	\$1120.52	\$1542.00	\$2159.85
Option Two	\$1130.25	\$1315.84	\$1850.40	\$2571.25
Option Three (NDIS Price guide)	\$1775.89	\$2263.73	\$2861.33	\$3458.93

At Pathways we offer three options within the NDIA STA price guide to make it easier for you to individualise your planned stay.

The Pathways STA fee structure provides two levels of STA service priced below the NDIS guide. These levels are available to people who choose less support as part of their STA plan. All fee options are based on a minimum stay of five days. (Shorter available by negotiation)



Pathways' Farm Cottage

It is useful to review the three options below with your support coordinator or plan manager and consider the one that best suits your goals, needs and NDIS budget. STA does not have to be listed in your NDIS plan but your stay does need to be considered reasonable and necessary.

Remember STA is not a holiday it helps with maintaining independence and with meeting your NDIS goals.

PATHWAYS STA FEE STRUCTURE 2021

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Option Three	\$1775.89	\$2263.73	\$2861.33	\$3458.93
(NDIS Price guide*)				
NDIS Item Numbers	01_058_0115_1_1	01_059_0115_1_1	01_060_0115_1_1	01_061_0115_1_1

INCLUSIONS

AVAILABLE SUPPORTS	OPTION ONE	OPTION TWO	OPTION THREE
Carer stays free	●	●	●
Access to trauma informed support staff		●	●
Food costs covered	●	●	●
Food shopping service		●	●
Home cooked evening meal			●
Funded entry to local attractions			●
Full board for participant and carer			●
Personal care support			●
Full laundry service			●
Support worker trips to local community (including refreshments)		2x for 5+ days 3x for 7+ days	unlimited
Weekday Therapy Sessions (equine, animal assisted, vision boarding, DBT)			●
Art and craft materials provided (on request)		●	●
Complimentary Massages		2x for 7+ days	2x for 7+ days
Full transport costs (including flights to Ballina)			●
Access to support staff, mental health professional , psychotherapist			unlimited

*The NDIA sets the price guide for STA which sometimes seems quite high. It is useful to keep in mind that one reason the Government is able to fund STA at this level is because it reduces the use of hospitals and other Government services which are often up to four times the cost of funding STA.



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